

LESSONS FROM PSALMS ONE HUNDRED THIRTY-ONE

Scripture: Psalms 131:1-3

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Introduction:

- A. This is identified as a song of degrees of David
 - B. David never thought of himself as some super man. He knew that he was just an ordinary man who served the super God. I Sam. 18:18 “Who am I that I should be son-in-law to the King?”
 - C. He never boasted of his victories. He always gave God the credit for all his accomplishments - and when he sinned, he confessed his sin before God and asked forgiveness. (I Sam. 17:37, 46, 47)
 - D. David had the upmost confidence in his God and went forth to battle in the strength of the Lord.
- I. LEARN WHAT IS A GOOD CONFESSION BEFORE THE LORD. v. 1
- A. My heart is not haughty - arrogant in disposition. I do not think too highly of myself. He went forth in power of God.
 - B. My eyes are not lofty - my attitude is not of pride. He gave God the credit. “I can of mine own self do nothing.”
 - C. We do not exercise myself in great matters in things too high for use.
 1. We must understand that there are things too high for us.
 2. The “I can do it” syndrome can cause us grief.
- II. LEARN OF THE QUIET COMFORT AFFORDED THOSE WHO LEARN TO REST IN THE LORD. v. 2
- A. I have behaved myself. Calmed myself. Leveled myself.
 - B. I have quieted myself as a child weaned of his mother. “I have disciplined my soul until it is at rest.”
- III. LEARN WHAT GREAT HOPE IS BUILD ON A RIGHT ATTITUDE CONCERNING GOD AND SELF. v. 3
- A. Hope built on “I can do that” is doomed to failure.
 - B. A hope built on “I can of mine own self do nothing,” but “I can do all things through Christ who strengthens me” will accomplish God’s purpose in us for now and for eternity.